

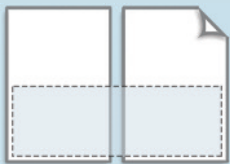
Technical specifications

- Complete advertisements should be sent via email in PDF, JPG or Photoshop formats.
- Large files (over 6Mb) can be sent via online file transfer sites, such as WeTransfer or Dropbox.
- All files must be high resolution (minimum of 300dpi) and include all relevant bleed and trim marks.



Double page spread

Bleed	303mm deep x 426mm wide
Trimming to	297mm deep x 420mm wide
Type area	255mm deep x 390mm wide



Half page spread

Bleed	145mm deep x 426mm wide
Trimming to	142mm deep x 420mm wide
Type area	125mm deep x 390mm wide



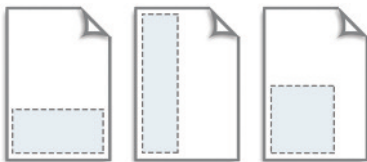
Full page

Bleed	303mm deep x 216mm wide
Trimming to	297mm deep x 210mm wide
Type area	255mm deep x 180mm wide



Half page

Horizontal	125mm deep x 180mm wide
Vertical	255mm deep x 88mm wide
Solus	185mm deep x 118mm wide



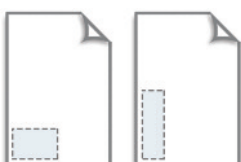
Third page

Horizontal	85mm deep x 180mm wide
Vertical	255mm deep x 57mm wide
Solus	125mm deep x 118mm wide



Quarter page

Horizontal	60mm deep x 180mm wide
Vertical	125mm deep x 88mm wide
Single column	255mm deep x 42mm wide



Eighth page

Horizontal	60mm deep x 88mm wide
Vertical	125mm deep x 42mm wide